



DODGE!

for STRUGGLING WORKING FAMILIES

THE TEAM

8 players, 3 of which must be women

DURATION

Each game lasts 5 minutes with the exception of the untimed championship game

TOURNAMENT RULES

THE GAME

The object of the game is to eliminate all opposing players by getting them "OUT".

This may be done by:

- Hitting an opposing player with a LIVE thrown ball below the shoulders.
- Catching a LIVE ball thrown by your opponent before it touches the ground.
- Causing an opponent to drop a held ball as a result of contact by a LIVE ball.
- Catching a LIVE ball. If you catch a LIVE ball, the player who threw that ball is out and a player who has been deemed as "out" can return to the game.
- An opposing player stepping out of bounds.



Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another ball (except when blocking), another player, official or other item outside of the playing field (wall, ceiling, etc).

Timed Game – A game played until pre-determined time limit expires or all opponents are eliminated on one side. If time expires, all remaining players are counted. The team with most players remaining wins the game.

- Teams will receive a 5 minute warning prior to game start. Teams without players present may have to forfeit.
- Beginning Play

Game begins by placing the dodgeballs along the center line – three (3) on one side of the center hash and three (3) on the other. Players then take a position behind their end line. Following a signal by the official, teams may approach the centerline to retrieve the balls. This signal officially starts the contest. Teams may only retrieve the three (3) balls to their right of the center hash. Once a ball is retrieved it must be taken behind the attack-line before it can be legally thrown.

Blocking

- Players can defend themselves by blocking the ball in flight with another ball but must retain control over the ball they are blocking with. A player dropping or losing possession of the blocking ball is deemed "out."
- Any blocked ball rebounding off another ball is considered live. Any player hit by the rebounding ball is deemed "out."

Ball Holding

- Holding a ball for more than 6 seconds, causing a delay in play will result in player being called "out."

HOW TO WIN

- The first team to legally eliminate all opposing players will be declared the winner. A 5 minute time limit has been established for each contest. If neither team has been eliminated at the end of the 5 minutes, the team with the greater number of players remaining will be declared the winner.
- At the end of the 5 minute period, if the two teams have an equal number of players remaining, a Sudden Death will be played. In this case, the first team to eliminate any ONE opposing player will be declared the winner.

